Christian Alliance
Cheng Wing Gee College
宣道會鄭榮之中學

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P2627-024

Positive Parenting Academy (II): Annual Sports Days Parent-Child Relay Competition
正向家長學堂(二)：週年陸運會親子接力賽

Dear Parents,
各位家長:

To promote "Exercise Well" and strengthen parent-child relationships, the 2x50m Parent-Child Relay Competition will be held on 30 October 2026 (Fri), as part of the Annual Sports Days. We sincerely invite parents to actively participate, spread the joy of exercise, and foster stronger parent-child bonds through this activity.

If you are interested in this event, please scan the QR code to register on or before 21 October 2026 (Wed). The results of the selection will be announced on 23 October 2026 (Fri). For inquiries, please feel free to call 2604 9762 to contact Mr Ng Siu Hong. Enrolment is on a first-come-first-served basis, please register promptly.

Event 參賽項目	2×50m Parent-Child Relay Competition 親子 2×50 米接力賽
Date 活動日期	30 October 2026 (Fri) 2026 年 10 月 30 日 （五）
Start Time 比賽時間	11:30 am (Please arrive 30 minutes in advance and conduct your own warm-up) 上午 11 時 30 分（請提早 30 分鐘到達並自行熱身）
Venue 活動地點	Ma On Shan Sports Ground (No. 1 Hang Hong Street, Ma On Shan) 馬鞍山運動場 （馬鞍山恆康街 1 號）
Quota 活動名額	16 parent-child pairs (Max. 2 per family) 16 對親子（每個家庭最多兩人報名）
Credit 學分	2 學分
Remarks 備註	An award ceremony and photo session will follow immediately. Parents are kindly requested to stay for the ceremony, after which they are welcome to leave or remain to watch and cheer on the students. 比賽完結後將隨即舉行頒獎典禮及拍照環節，敬請家長留步出席。頒獎禮結束後，家長可自行離開，或繼續留場觀賽、為學生打氣助威。

為推廣「七大幸福之路」健康生活方式及促進親子關係，正向家長學堂特於 2026 年 10 月 30 日（五）週年陸運會舉辦親子 2×50 米接力賽，誠邀家長踴躍參加，一同享受運動，增進親子感情。

有興趣參加者，請於 2026 年 10 月 21 日（三）或以前掃描二維碼報名。取錄結果將於 2026 年 10 月 23 日（五）公布。如有查詢，歡迎致電 2604 9762 與吳兆康老師聯絡。名額有限，先到先得，報名從速。

https://forms.gle/QUQaRbsUuTKR4XNS9

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CHRISTIAN ALLIANCE CHENG WING GEE COLLEGE ★ 宣道會 鄭榮之中學

Shum Kai Shing, Principal 沈啟誠校長
14 October 2026 2026 年 10 月 14 日